



아카데미 태권도 사범 파월 마리카

# Taekwondo News

Academic Taekwondo

October - November 4, 2003

Dear Parents and Students,

It is hard to believe that we have reached the halfway point of the the 2<sup>nd</sup> quarter of the 2003-2004 school year. Our beginner students continue working on the basics, including all the assignments listed in the September 2<sup>nd</sup>, 2003 TKD newsletter.

## 감사합니다!



Shannan breaking concrete held by Mr. Lubart.  
Photo by Bruce Reinhart

Our fourth **Annual Break-A-Thon**, hosted by our diligent PTA on October 18, 2003, was a huge success. The participating students (and parents) broke 628 boards and 23 cement sheets within a 2 ½-hour period. We collected nearly \$5,500.00.

The purpose of this fun filled event was to raise funds for our Taekwondo program, the needs of which include: obtaining/replacing training equipment (focus targets, body shields, staffs, punching bags, motivational awards, puzzle mats, and all needed Taekwondo equipment). In addition, funds are used to maintain, repair, and/or upgrade permanent Do-Jang fixtures, such as the padded flooring (each 3'x6' mat costs nearly \$200), ceiling fans, and nearby drinking fountains, and various competition and demonstration operating costs. Our Break-A-Thon serves also as an additional opportunity to increase the students' levels of accuracy, speed, and concentration for a better overall technical

performance, and confidence in one's skills.

## Thank You

I would like to thank all participating families and sponsors for your support of the Taekwondo program. Numerous hours of "behind the scene" work, headed by the PTA president, Sandra Garrison and the PTA treasurer, Ms. Natalie Glover was done in organizing this event. The set-up & clean up, concessions, raffle, pizza dinners, and many other demanding tasks were handled fabulously by our students and parents.

Our board holders, instructors Randy Lubart and Donald Link, Mr. John Dickhoff, Dr. Vincent Faso, Mr. Richard Tozzie, our own Black Belts,- Tatsuaki Hayashi, Kelly Link, Sunray Martina, and all other assistants who chipped in to help, deserve a great round of applause. – Thank you!

Top 3 Contributors: The Garrison, Lubart, and Lynch Families.

**Event Sponsors:** E.B. Morris General Contracting - Board Donations

Garrison Family	Eric Morris	Fortier Family	Daniel Ruda
Jimmy Crosta	Victor Debilis	Tancredi Family	Gene Hall
Jerry Dellaporta	Nunez Family	Sakura Restaurant	Mathison Family

# Congratulations to our new Full Spilt Club Members!



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## Taekwondo T-Shirts

Our new Taekwondo T-Shirts can be worn, with pride, by our students, parents, and siblings at various TKD events from competitions and demonstrations to special dress-down classes in the Do-Jang. Much appreciation is extended to Mrs. Suzane Stark, who planned and implemented our ongoing T-Shirt fundraiser. Special thanks to the sponsors listed below:



**T-shirts are available from Master Powell for \$15 each.**  
Please make check to Weiss School P.T.A.



Wenger Family  
Dearden Family  
Stark Family  
Union Square  
Tse Family

Garrison Family  
Lubart Family  
Nunez Family  
Martin Family  
Gayle Martin -Faso Family





## Up-Coming Events

Dec. 1-5 In Class	<p>Pre-Testing for Promotion for students who have shown sufficient knowledge of all required skills for current belt level. You will find more information on pages 56-59 in the Academic Taekwondo Student Text Book.</p> <p>Please Note: Your application form must be signed by your Homeroom Teacher plus two additional teachers who give you grades on your report card!</p>
Sun. Dec 7	<p>Little Tigers Demonstration -Taste of Gardens 9:15 -11:30 a.m.</p>
Mon. Dec.8	<p>Promotion Application Due 2:00 pm. <b>No Exceptions!</b></p>
Fri. Dec. 12 Who:	<p>Promotion Test/Graduation GROUP 3 - 2:30 pm Students who returned their promotion applications by due date/time.</p> <p><b>Please Note:</b> Promotion dates and times may change.</p>

## Student of the Month

October 2003

**Scott Mills**

Leadership/Cooperation  
Respect/Dojang Manners  
Technique  
Effort/Participation  
Exceptional Progress  
Taekwondo Spirit

Jennifer Dearden  
Nicholas Ferris  
Leah Fortier  
Taylor Tyson  
Paulina Rodriques  
Henry Dickhoff

November 2003

**Randen Lubart**

Shannan Garrison  
Daniel Kongstrom  
Krista Nunez  
Samantha Gilbert  
Maximilian Krieg  
Zoe Lowenthal

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